



# Shoreline Therapy

## FEE SCHEDULE

### TREATMENT

Professional fees for treatment sessions cover the appointment and all additional preparation, analysis, documentation, and supply of materials for sessions and home practice. Appointment times *include* discussion of home practice, payment, and scheduling.

SLP/OT: ..... 30m = \$75 | 45m = \$100 | 60m = \$120

### ASSESSMENT

Assessment rates are based on the number of hours required for in-person testing, data analysis, report writing, and assessment tools. The **estimated** time to complete the type of assessment is provided below. If the assessment takes longer than anticipated due to the client's needs (e.g., longer response time, more frequent breaks), the additional time is billed at the relevant hourly rate. We provide a written report either after the assessment is completed (2-4 weeks depending on the scope of the analysis and current workload) or after a block of treatment. Assessment sessions (especially for children) are **typically 60-minutes maximum per visit**. Sessions can be shorter if needed. If the family is travelling from a distance, we can accommodate completing the assessment all in one day with breaks for the client if appropriate.

<input type="checkbox"/> <b>SPEECH-LANGUAGE PATHOLOGY</b>	
<b>Standard Initial Assessment A</b> .....\$160/hour	
Estimated 1 hour EACH	
<input type="checkbox"/> stuttering	<input type="checkbox"/> voice
<input type="checkbox"/> speech sound development	<input type="checkbox"/> early communication development (approximately <2½ years)
<input type="checkbox"/> preschool language development	
Estimated 2 hours EACH	
<input type="checkbox"/> motor speech (e.g., suspected dysarthria or apraxia of speech)	<input type="checkbox"/> school-age language development
<b>Standard Initial Assessment B</b> .....\$190/hour	
Estimated 2 to 3 hours EACH	
<input type="checkbox"/> neurogenic language and/or cognition (e.g., stroke, TBI, Parkinson's)	<input type="checkbox"/> school-age or adult literacy
<b>Initial Consultation or Evaluation without report</b> .....30m = \$75   45m = \$100   60m = \$120	
Estimated 30 to 60 minutes	
This may apply when the client has already completed an assessment with another service recently. The purpose is to collect baseline data for treatment planning.	

<input type="checkbox"/> <b>OCCUPATIONAL THERAPY</b>	
<b>(A) Standard Initial Assessment</b> .....	1-2 hours total..... \$160 (1h) - \$320 (2h)
<input type="checkbox"/> The client will likely be working with the OT for intervention after the assessment. The report includes the results of the assessment and <i>general</i> plan for intervention.  Examples: child/adolescent handwriting, fine motor skills, attention, ASD support; adult upper extremity management, gait aids, seating	
<b>(B) Standard Consult Assessment</b> .....	2 hours total ..... \$500 total
<input type="checkbox"/> The client will <i>not</i> be working with the OT for regular intervention – the report includes the results of the assessment with <i>specific</i> recommendations for supports in daily life (e.g., home, school, work).	
<b>(C) Full Paediatric Initial Assessment</b> .....	3 hours total ..... \$720 total
<input type="checkbox"/> For children/adults with more complex needs. The client and their family will be working with the OT for intervention after the assessment. The report includes the results of the assessment and general plan for intervention.  Examples: adult cognitive assessment; children with more complex motor, sensory, and/or cognitive needs	
<b>(D) Initial Consultation or Evaluation without report</b> .....	1-2 hours total..... \$120 (1h) - \$240 (2h)
<input type="checkbox"/> The client will likely be working with the OT for intervention, but a report isn't necessary. This will be determined at intake in consultation with the client and the Clinic Manager and/or OT. It usually only applies when a client has already recently been assessed by an occupational therapist and/or psychologist from another service. The purpose of the consultation is to collect baseline data for treatment planning.	

**ADDITIONAL PROFESSIONAL SERVICES**

- Preparation of progress report.....\$60/hr
- Participation in case conference .....\$80/hr
- Paperwork for obtaining adaptive equipment.....\$60/hr

**TUTORING**

- Reading Tutor:..... 30m = \$30 | 45m = \$45 | 60m = \$60  
30m sessions typically occur 2x/week  
45-60m sessions may occur 1x or 2x/week

## POLICY FOR CANCELLATIONS AND MISSED APPOINTMENTS

Shoreline's clinicians will provide as much notice as possible when a session must be cancelled due to illness or hazardous weather. **This notice will be provided by email. Please check your email before you leave for your appointments.**

**When a client makes an appointment, they have reserved the clinician's time.** When a client does not arrive for their appointment or cancels with minimal notice, it means that staff have already spent time preparing for the appointment (writing session plans, planning activities, doing research, creating materials). It also means that it's too late to fill the spot with another client (e.g., those waiting for an assessment, clients who ask to reschedule due to a conflict). It also impacts families who are on the waitlist for a caseload spot (especially high demand evening and weekend spots).

When a client does not arrive for a scheduled appointment or cancels with less than 24 hours of notice, they will be **responsible for the full fee for the time they reserved with the clinician.** If you have asked us to charge your **credit card** after each visit, this charge will be on your card. Insurance companies and **government funders** usually do not pay for missed appointments – the client is responsible for these fees.

Our system will send an email and/or text reminder 48 and 24 hours in advance as a courtesy, but **clients are responsible for making note of their appointments when they book them.**

Out of consideration for our clinicians, we cannot continue to hold a caseload spot if a client cancels a large proportion of their appointments. If a client frequently cancels, they will be asked to consider if the timing is right for therapy, if another day/time would work better with their schedule, or if services should be discontinued until a better time for them.

## PAYMENT METHODS ACCEPTED

### INSURANCE

Insurance coverage varies between plans. Please speak with a representative of your insurance provider to understand your coverage. To protect your privacy, insurers will not release all of this information to us. **Ask** the following **questions**:

1. annual maximum benefit (e.g., \$1800/year or 20 visits a year)
2. % covered per visit (e.g., 80% per visit)
3. maximum covered per visit (e.g., 80% up to a maximum of \$130/visit)

If you are doing services through **telepractice**, please make this clear to your insurance provider to ensure that you have coverage for this type of service delivery.

**Direct billing** can be done if the insurer is set up for SLPs/OTs to direct bill *in Nova Scotia*. View the current list on our website (<https://www.shoreline-therapy.ca/payment-options>).

- We can only direct bill to your **primary insurance provider** ("first payer"; e.g., for children, the guardian whose birthday occurs first in the year). We are unable to direct bill to **secondary plans** ("second payer").

- We typically submit insurance claims in batches **within two weeks**. Occasionally more time is required based on our workload. Any **balance payable** by the client isn't due until they receive the receipt from us.
- Clients are responsible for **budgeting** and **keeping track** of their own remaining insurance coverage. If we receive a message from your insurer that your annual benefit has been paid in full, we will make a note of that on the relevant invoice/receipt – please make sure that you check every invoice/receipt you receive from us.

If your insurance provider is not set up to allow SLPs/OTs in Nova Scotia to direct bill, our receipts provide all the information you will need to submit for reimbursement.

### **CREDIT, DEBIT, E-TRANSFER**

We accept payment by debit, credit card, and Apple/Google Pay in person. Invoices and receipts are sent at the end of the day by email. Clients may pay in the office at their next appointment, pay online, send an etransfer (manager@shoreline-therapy.ca), or upload a credit card and direct us to charge your card after each visit. Payment is typically due within one day of service.

### **3<sup>rd</sup> PARTY FUNDERS**

If you are eligible for funding through services such as **Jordan's Principle**, the **Department of Community Services**, or an insurer related to a **motor vehicle accident**, we will direct bill on your behalf if permitted.